

Syllabus

M. A. (Hindu Studies) Year 2

From Academic Year 2023-24

Revision 1

Approved by Board of Studies on 28.03.2023

Faculty of Dharma Studies on 31.03.2023

Academic Council on 05.04.2023

Bharatiya Sanskriti Peetham
K J Somaiya Institute of Dharma Studies
Somaiya Vidyavihar University,
Vidyavihar (E), Mumbai - 400077
(Constituent College of Somaiya Vidyavihar University)

It is notified for the information of all concerned that the Board of Studies of Hindu Studies, at its meeting held on 23rd March, 2023, approved the syllabus of M.A. (Hindu Studies) Year 2. This was further approved by the Faculty of Dharma Studies in its meeting held on 31st March 2023 and by the Academic Council in the meeting held on 5th April 2023. These changes are to be brought into force from the academic year 2023-24. The approved syllabus is uploaded on the website.

Sd/-

Date: 5th April 2023 HOD (Bharatiya Sanskriti Peetham)

Preamble:

The K J Somaiya Institute of Dharma Studies was constituted by a resolution of the

Governing Body of Somaiya Vidyavihar University, on 1st July 2020. It brings together three

institutions that have been working independently in the field of Sanskrit and Yoga; Pali and

Buddhist Studies and Jain Studies. Of these, Bharatiya Sanskriti Peetham, under which this

programme is currently offered, was inaugurated on 20 th October 1989, by His Holiness

Jagadguru Shankaracharya Jayendra Sarasvati. Until the Somaiya Vidyavihar University was

constituted in Aug. 2019, the Centre was affiliated to the Kavikulaguru Kalidas Sanskrit

University and commenced activities by offering programmes in Sanskrit and Yoga. Bharatiya

Sanskriti Peetham was the first academic institution to develop UG and PG programmes in

Yogashastra in the city of Mumbai. The PhD programme in Sanskrit and Yogashastra. In

addition, affiliation for Ph D in Philosophy, Sanskrit and History was also obtained under the

University of Mumbai. Research activities at the institute have resulted in numerous

publications, which were the outcome of collaborations with national and international scholars

of repute. One of the highlights of the institution's contribution has been the Programme for

Interfaith Understanding, which resulted in seminal research, particularly the Hindu-Christian

Dictionary: Essential Terms for Inter-religious Dialogue, which was the outcome of ten years of

rigorous research with the Pontifical University, Urbaniana.

Eligibility: MA (Hindu Studies) Year 1

Duration: 1 year

Programme Objectives:

Hinduism is a very unique tradition that does not have one philosophy, one god or one practice that becomes the basis of its identity. It is an ancient tradition that grows over time to incorporate diverse beliefs and practices. Its profound influence on everyday life on the Indian subcontinent leads to it being defined as a way of life. While it is not possible to study all of these dimensions comprehensively in a two-year programme, the MA Hindu Studies syllabus takes an interdisciplinary approach and seeks to establish a strong foundation for further research.

Some of the key aspects of teaching-learning are:

- 1) Appreciating the diversity in the tradition by framing the curriculum in historical, socio-cultural, philosophical, theological, and textual perspectives;
- 2) Exploring the inter-relation between text and practice;
- 3) Exploring formative debates, both within the tradition and with those who belonged to other religious traditions;
- 4) Exploring the impact of aspects such as faith, which resonated deeply with common people, on movements that forged new paradigms.
- 5) Explore the various manifestations of the tradition in modern times, including in diaspora.

The teaching-learning will occur largely in lecture format but students will also do site visits to understand the historical and art historical aspects; workshops on various religious dimensions, such as rituals and Vedic chanting, would form an important part of engagement.

In the process the students will also be equipped with methodological tools in religious studies that help them frame questions for research.

Programme Outcomes:

1. Critical thinking:

Students will develop the capacity to critically review and analyzing primary as well secondary sources from social, philosophical, ethical, gender and other perspectives. Students will also learn to investigate correlations and synthesis leading to development of any knowledge system.

2. Research-related skills:

The assessment mechanism ensures that students learn to articulate their thoughts, frame questions about the data with a keen sense of inquiry. Students will have the ability to recognise cause-and-effect relationships, define problems, formulate hypotheses, test

hypotheses, analyse, interpret and draw conclusions from data, ability to plan, execute and report the results of an experiment or investigation.

3. Ethics in research:

To create awareness to avoid unethical behaviour such as fabrication, falsification or misrepresentation of data or committing plagiarism, not adhering to intellectual property rights; appreciating environmental and sustainability issues, and adopting objective, unbiased and truthful actions in all aspects of work.

4. Communication Skills:

Ability to express thoughts and ideas effectively, communicate with others using appropriate media, demonstrate the ability to listen carefully, read and write analytically and present complex information in a clear and concise manner to different groups.

5. Self-directed learning:

Ability to work independently, to identify appropriate resources required for a project, and to manage a project till completion.

6. Multicultural sensitivity:

Possess knowledge of the values and beliefs of multiple cultures and a global perspective, capability to effectively engage in a multicultural society and interact respectfully with diverse groups.

7. Information/digital literacy:

Capability to use ICT in a variety of learning situations, ability to access, evaluate, and use a variety of relevant information sources, use appropriate software for analysis of data when required.

Programme Specific Outcomes:

- 1. Students will understand and appreciate the diversity in the tradition by framing the curriculum in historical, socio-cultural, philosophical, and textual perspectives.
- 2. Students will learn about the rich art and architectural heritage, music and performing arts that are integral part of practice of Hinduism.
- **3.** Students will explore the inter-relation between text and practice as well as formative debates, both within the tradition and with those who belonged to other religious traditions.
- **4.** Students will explore the impact of aspects such as faith, which resonated deeply with common people, on movements that forged new paradigms.
- **5.** Students will understand the role and importance of Hindu tradition in modern times, including in diaspora.

Acronyms used in Eight Digit Course code - example - 132P63C301

| Acronym Serially as per code | Definition |
|---------------------------------|---|
| 1 | SVU 2000 First revision |
| 32 | College code |
| P | Alphabet code for type of programme |
| 63 | Programme code |
| C | Type of course |
| 3 | Semester III – semester number |
| 01 | First course of semester – course serial number It will be XX for the elective/choice based courses |

| Acron | ym for category of courses | Acronyms used in syllabus documen | | |
|---------|----------------------------|-----------------------------------|--------------------------|--|
| Acronym | Definition | Acronym | Definition | |
| С | Core Course | CA | Continuous Assessment | |
| E | Elective Course | ESE | End Semester Exam | |
| A | Audit Course | IA Internal Assessment | | |
| W | Workshop | 0 | Oral | |
| | | P Practical | | |
| | | TH | Theory | |
| | | TUT | Tutorial | |
| | | TW | Term work | |
| | | CO Course Outcome | | |
| | | PO | Program Outcome | |
| | | PSO | Program specific Outcome | |

Codes for Types of Programme

| Code | Name of the Programme | Key Alphabet To be used in Course/Paper code |
|------|------------------------------|---|
| 01 | UG Full time | U |
| 02 | UG Part time | U |
| 03 | PG Full time | P |
| 04 | PG Part time | P |
| 05 | Ph.D Full time | D |
| 06 | Ph.D Part time | D |
| 07 | PG Diploma Full time | I |
| 08 | PG Diploma Part time | I |
| 09 | Certificate course Full time | С |
| 10 | Certificate course part time | С |
| 11 | Diploma Full time | N |
| 12 | Diploma Part time | N |

Programme Structure

M.A. (Hindu Studies) Year 2 Semester III Credit Scheme

| Course Code | Course Name | Teaching Scheme (Hrs.) TH – P – TUT | Total Hrs. | Credits Assigned TH – P – TUT | Total Credits |
|-------------|-----------------------------|---|---------------|-------------------------------------|------------------|
| 132P63C301 | State, Wealth and Kingship | 04 - 00 - 00 | 04 | 04 - 00 - 00 | 04 |
| 132P63C301 | Spiritual Practices of Yoga | 02 - 02 - 00 | 04 | 02 - 02 - 00 | 04 |
| 132P63E3XX | Elective 1* | 04 - 00 - 00 | 04 | 04 - 00 - 00 | 04 |
| 132P63E3XX | Elective 2* | 04 - 00 - 00 | 04 | 04 - 00 - 00 | 04 |
| 132P63W101 | Research Methodology | 04 - 00 - 00 | 04 | 04 - 00 - 00 | 04 |
| | Total | 18 - 02 - 00 | 20 | 18 - 02 - 00 | 20 |

*Table of Electives *Choose any two electives from the table

| Course Code | Elective Name |
|--------------------|--|
| 132P63E301 | Bhakti Tradition |
| 132P63E302 | Cultural History of Ancient India - II |
| 132P63E303 | Nyāya and Sāṃkhya Darśana |
| 132P63E304 | Bhagavadgītā - I |
| 132P63E305 | Narrative Literature - I - Bridging Cultures |
| 132P63E306 | Dharmaśāstra |
| 132P63E307 | Art History - I |

Semester III Examination Scheme

| | | Examination Scheme | | | | |
|--------------------|-----------------------------|---------------------------|-------|-----|-------|--|
| Course Code | e Code Course Name | | Marks | | | |
| | | CA | TW | ESE | Total | |
| 132P63C301 | State, Wealth and Kingship | 50 | - | 50 | 100 | |
| 132P63C301 | Spiritual Practices of Yoga | 50 | | 50 | 100 | |
| 132P63E3XX | Elective 1* | 50 | 1 | 50 | 100 | |
| 132P63E3XX | Elective 2* | 50 | _ | 50 | 100 | |
| 132P63W101 | Research Methodology | ı | 50 | | 50 | |
| | Total | | 50 | 200 | 450 | |

Semester IV Credit Scheme

| Course Code | Course Name | Teaching Scheme (Hrs.) TH – P – TUT | Total Hrs. | Credits Assigned TH – P – TUT | Total Credits |
|-------------|------------------------------------|---|---------------|----------------------------------|------------------|
| 132P63C401 | Ancient Indian Temple Architecture | 04 - 00 - 00 | 04 | 04 - 00 - 00 | 04 |
| 132P63D402 | Dissertation | 02 - 00 - 02 | 04 | 05 - 00 - 05 | 10 |
| 132P63E4XX | Elective – I* | 04 - 00 - 00 | 04 | 04 - 00 - 00 | 04 |
| 132P63E4XX | Elective – II* | 04 - 00 - 00 | 04 | 04 - 00 - 00 | 04 |
| | Total | 14 – 00 – 02 | 20 | 17 – 00 – 05 | 22 |

*Table of Electives *Choose any two electives from the table

| Course Code | Elective Name |
|-------------|---------------------------------|
| 132P63E401 | Spiritual Practices of Tantra |
| 132P63E402 | Vedānta and Mīmāṃsā Darśanas |
| 132P63E403 | Bhagavadgītā - II |
| 132P63E404 | Narrative Literature - II |
| 132P63E405 | Art History – II |
| 132P63E406 | Sacred Landscape and Pilgrimage |

Semester IV Examination Scheme

| Course Code | Course Name | Examination Scheme | | | | , |
|--------------------|---------------------------------------|---------------------------|----|-------|-----------------|-------|
| | | | | Marks | | |
| | | CA | TW | Viva | ESE / Thesis | Total |
| 132P63C401 | Ancient Indian Temple Architecture | 50 | I | I | 50 | 100 |
| 132P63D402 | Dissertation | - | 50 | 50 | _ | 100 |
| 132P63E4XX | Elective – I* | 50 | 1 | 1 | 50 | 100 |
| 132P63E4XX | Elective – II* | 50 | _ | _ | 50 | 100 |
| | Total | 200 | 50 | 50 | 200 | 400 |

Detailed Syllabus - Semester III

Semester III Credit Scheme

| Course Code | Course Name | Teaching Scheme (Hrs.) TH – P – TUT | Total Hrs. | Credits Assigned TH – P – TUT | Total Credits |
|-------------|-----------------------------|---|---------------|-------------------------------|------------------|
| 132P63C301 | State, Wealth and Kingship | 04 - 00 - 00 | 04 | 04 - 00 - 00 | 04 |
| 132P63C301 | Spiritual Practices of Yoga | 02 - 02 - 00 | 04 | 02 - 02 - 00 | 04 |
| 132P63E3XX | Elective 1* | 04 - 00 - 00 | 04 | 04 - 00 - 00 | 04 |
| 132P63E3XX | Elective 2* | 04 - 00 - 00 | 04 | 04 - 00 - 00 | 04 |
| 132P63W101 | Research Methodology | 04 - 00 - 00 | 04 | 04 - 00 - 00 | 04 |
| | Total | 18 - 02 - 00 | 20 | 18 - 02 - 00 | 20 |

*Table of Electives *Choose any two electives from the table

| Course Code | Elective Name |
|--------------------|--|
| 132P63E301 | Bhakti Tradition |
| 132P63E302 | Cultural History of Ancient India - II |
| 132P63E303 | Nyāya and Sāṃkhya Darśana |
| 132P63E304 | Bhagavadgītā - I |
| 132P63E305 | Narrative Literature - I - Bridging Cultures |
| 132P63E306 | Dharmaśāstra |
| 132P63E307 | Art History - I |

Semester III: Core Paper 1: State, Wealth and Kingship

| Paper / Course Code | Paper / Course Title | | | | |
|---------------------------|----------------------|----------------------------|-----|-------|--|
| 132P63C301 | State, V | State, Wealth and Kingship | | | |
| 1321 030301 | TH/Week | W | TUT | Total | |
| Teaching Scheme(Hrs.) | 04 | ı | 1 | 04 | |
| Credits Assigned | 04 | _ | _ | 04 | |
| | Marks | | | | |
| Examination Scheme | CA | TW | ESE | Total | |
| | 50 | _ | 50 | 100 | |

Course Objectives:

The objective of this course is to impart knowledge to students not only about the idea of origin and development of the several concepts and institutions of the ancient Indian polity but also present before them a concrete picture of the administration as a whole. It will not only familiarise students with Kautilya's concepts but they will also get to study its critical analysis by later period authorities.

Course Outcomes:

At the end of successful completion of the course the student will be able to

CO.1 Will enable students to critically understand the polity of ancient India.

CO.2 They will get knowledge of the economic system prevalent in ancient India.

CO.3 It will also familiarise them with social life as reflected in different works on polity.

| Module No. | Unit No. | Topics | Hours | CO |
|---------------|-------------|---|-------|------|
| 1.0 | 1.1 | Introduction: Sources | 5 | CO 1 |
| 2.0 | | State and Kingship: | 25 | CO 1 |
| | 2.1 | State: Aims, Functions, Saptāṅga theory | | |
| | 2.2 | Kingship: Coronation ceremony, Rule, Duties, Characteristics | | |
| | 2.3 | Local Government | | |
| | 2.4 | Inter-State Relation: General Characteristics, Mandala theory | | |
| | 2.5 | Foreign Relations | | |
| | 2.6 | War and Peace: War: Causes, Ethics, Four fold Army | | |
| 3.0 | | Wealth: | 15 | CO 2 |
| | 3.1 | Vārtā | | |
| | 3.2 | Revenue system | | |
| | 3.3 | Fiscal Administration: General Principles of income and Expenditure and Remission, Items of Expenditure | | |

| 4.0 | | State Administration and society: | 15 | CO 3 |
|-----|-----|-----------------------------------|----|------|
| | 4.1 | Position of Women | | |
| | 4.2 | Marriage Law, Inheritance | | |
| | 4.3 | Working Class | | |
| | 4.4 | Law and Justice | | |
| | | Total Hours | 60 | |

Recommended Books:

| Sr. No. | Name/s of Author/s | Title of Book | Name of Publisher with country | Edition and Year of Publication |
|------------|------------------------|---|---|---|
| 1. | Altekar A.S | State And Government In Ancient India | Motilal Banarsidass, New Delhi | 1997 (7 th reprint Edition) |
| 2. | Chattopadhyaya B.D, | The Making of Early Medieval India | Oxford India Perennials, USA | 1977 |
| 3. | Erdosy George | Urbanization in Early Historic India | BAR International, Oxford | 1988 |
| 4. | Fussman Gerard | Central And Provincial Administration in Ancient India | Indian Historical review 14 | 1987-88, pp43-72 |
| 5. | Jha D.N | Revenue System In Post Maurya and Gupta Times | Punthi Pustak, Calcutta | 1967 |
| 6. | Kangle R.P | The Kautilya's Arthashastra Vol I,II,III, | University of Bombay, Bombay | 1960-65 |
| 7. | Kulke, Hermann(ed) | The State in India,1000-1700 | Oxford University Press, New Delhi. | 1997 |
| 8. | Ratnagar Shereen | Enquiries Into The Political Organization Of Harappan Society | Ravish Publishers, Pune | 1991 |
| 9. | Sharma R.S | Aspects Of Political Institutions in Ancient India | Motilal Banarsidass Publishers Pvt Ltd, Delhi | 1983 |
| 10. | Stein Burton | Peasant State and Society in Medieval South India | Oxford University Press, New Delhi | 1980 |
| 11. | Thapiyal K.K | Guilds In Ancient India | New Age International Private Limited, Darya Ganj, Delhi | 1996 |
| 12. | Veluthat Kesavan | The political Structure of Early Medieval South India | Orient BlackSwan, Hyderabad. | 1993 |

Semester III: Core Paper 2: Spiritual Practices of Yoga

| Course Code 132P63C302 | Course Title Spiritual Practices of Yoga | | | | |
|---------------------------|--|----|----|-----|-------|
| | ТН | | P | TUT | Total |
| Teaching Scheme (Hrs.) | 02 | | 02 | | 04 |
| Credits Assigned | 02 | | 02 | - | 04 |
| Examination | Marks | | | | |
| Scheme | CA | P | TW | ESE | Total |
| | 25 | 25 | | 50 | 100 |

Course Objectives

The objective of this course is to introduce the spiritual practices of Yoga. Students will not only learn the theory aspect of the yogic practices given in the Yogasūtras and Haṭhayoga scriptures but they will also learn and perform the practices of Yoga.

Course Outcomes

At the end of successful completion of the course the student will be able to

- **CO1** This course will enable students to understand the practices mentioned in Yogasūtras which emphasise more on the training of the mind.
- **CO2** Students will get knowledge of practices mentioned in the Hathayoga texts which emphasize more on the training of the body and vital breath.
- **CO3** Students will be able to perform the basic practices.

| Module | Unit | Topics | Hours | CO |
|--------|------|--|-------|-----|
| No. | No. | | | |
| 1.0 | 1.1 | Unit 1 – Yogic Practices mentioned in Yogasūtra – Kriyāyoga, Aṣṭāṅga-yoga, Pratipakṣa-bhāvana, Citta-prasādana, Saṃyama on various objects and their | 15 | CO1 |
| 2.0 | 2.1 | results Unit 2 – Yogic practices mentioned in Haṭhayoga scriptures – Āsanas, Prāṇāyāma, Mudrā, Bandha, Śuddhikriyās | 15 | CO2 |
| 3.0 | | Unit 3: Sūryanamaskāra | 05 | CO3 |
| | 3.1 | Sūryanamaskāra - 12 Poses with Alignment, with Breath Discipline | | |
| | 3.2 | Prayer, Bīja Mantra, Sūrya Mantra |] | |
| 4.0 | | Unit 4: Yogāsana | 15 | |

| | 4.1 | Standing Postures | | |
|-----|-----|---|----|--|
| | | Tādāsana, Pādahastāsana, Ardhacakrāsana, Kaṭicakrāsana, | | |
| | | Kaţivakrāsana, Parivṛtta Trikoṇāsana, Trikoṇāsana, | | |
| | | Utkaṭāsana, Eka-pāda-tolāsana, Vṛkṣāsana, Naṭarājāsana | | |
| | 1.0 | | | |
| | 4.2 | Sitting Postures | | |
| | | Mārjārāsana A & B, Svastikāsana, Ardhapadmāsana, Vajrāsana, Uṣṭrāsana, Jānuśirāsana, Śaśānkāsana, Tripāda Mārjārāsana, Vakrāsana, Kapotāsana, Hansāsana, Bhuśirāsana, Padmāsana, Parvatāsana, Vajrasanastha Yoga Mudrā, Ardha-Matsyendrāsana, Paścimottānāsana, Supta-vajrāsana, Purvottānāsana | | |
| | 4.3 | Supine Postures | | |
| | | Utthita-ekapādāsana (45 Degrees), Utthita-dvipādāsana, Ekapāda-Ardha-Halāsana, Ardha-pavanamuktāsana, Setubandhāsana, Uttāna-vakrāsana, Ardha and Sulabha-Droṇāsana, Pavanamuktāsana, Ardha-halāsana, Droṇāsana, Halāsana and Cakrāsana, Sarvāṅgāsana and Matsyāsana | | |
| | 4.4 | Prone Postures | | |
| | | Bhujaṅgasana-1, Ardha-śalabhāsana, Ardha-naukāsana, Bhujaṅgāsana-2, Sālamba-śalabhāsana, Naukāsana Bhujaṅgāsana-3, Śalabhāsana, Dhanurāsana | | |
| | 4.5 | Relaxation Postures | | |
| | | Śavāsana, Makarāsana, Bālāsana (child pose) | | |
| 5.0 | 5.1 | Unit 5 - Breathing practices & Prāṇāyāma | 05 | |
| | | Prāṇāyāma (Kumbhaka rahita and Sahaja Kumbhaka Sahita) | | |
| | | Sūryabhedana, Candrabhedana, Ujjāyī, and Bhastrikī | | |
| | | Prāṇāyāma, Śītalī and Śītkārī Prāṇāyāma, Bhrāmari Recaka | | |
| | | Prāṇāyāma | | |
| 6.0 | | Unit 6: Introduction to Bandha and Mudrās | 05 | |
| | 6.1 | Jīvhā-bandha, Siṃha Mudrā, Brahma Mudrā | | |
| | 6.2 | Mūla Bandha, Jālandhara Bandha, Uḍḍiyāna Bandha, Mahābandha | | |
| | 6.3 | YogaMudrā, Kākī Mudrā, Taḍāgi Mudrā, Ṣaṇmukhī Mudrā | | |
| | 6.4 | Viparīta Karaņī Mudrā | | |
| 1 | | Total Hours | 60 | |

Recommended books:

| Sr. No. | Name/s of Author/s | Title of Book | Name of Publisher with country | Edition and Year of Publication |
|------------|----------------------------------|---------------------------------|---------------------------------|---------------------------------------|
| 1 | Digambaraji Swami (Ed.) & Kokaje | Hathapradipika of Svatmarama | Kaivalayadham Shriman Madhav | 2nd edi., 1998 |

| | Raghunatha Shastri (Ed.) | | Yogamandir Samiti, Lonavla | |
|----|------------------------------------|--|---|----------------------|
| 2 | Singh, Pancham | The Hatha Yoga Pradipika | Chaukhamba Sanskrit Sansthan, Varanasi | 2003 |
| 3 | Vasu, Sri Chadra | The Gheranda Samhita : Text With English Translation | Chaukhamba Sanskrit Pratishthan, Delhi | 2003 |
| 4 | Niranjanananda Saraswati | Gheranda Samhita: Commentary on the yoga teachings of Maharshi Gheranda | Yoga Publications Trust, Munger | 1st edi, 2012 |
| 5 | स्वामी दिगंबरजी और झा, पीताम्बर | हठप्रदीपिकाः स्वात्माराम कृत | कैवल्यधाम श्रीमन्माधव योगमंदिर समिती, लोनावला | २ रा संस्क., २०११ |
| 6 | निरंजनानन्द सरस्वती | घेरण्ड संहिता: महर्षि घेरण्ड की योग शिक्षा पर भाष्य | योग पब्लिकेशन्स ट्रस्ट, मुंगेर | १ ला संस्क., २०११ |
| 7 | देवकुळे, व. ज. | हठप्रदीपिका: सुबोध मराठी भाषांतर | सरस्वती बुक डिस्ट्रिब्युटर्स, पुणे | १९८५ |
| 8 | देवकुळे, व. ज. | घेरण्ड संहिता: सुबोध मराठी भाषांतर | शारदा साहित्य, पुणे | २००५ |
| 9 | Satyananda Saraswati | Asana Pranayama Mudra Bandha | Yoga Publications Trust, Munger, Bihar | 4th edi., 2013 |
| 10 | Nagarathna, R. & Nagndra, H. R. | Integrated approach of yoga therapy for positive health | Swami Vivekananda yoga prakashan, Bangalore | 1st edi, 2003 |
| 11 | Kuvalayananda Swami | Asana | Kaivalyadhama, Lonavla | 7th edi., 1993 |
| 12 | Kuvalayananda Swami | Pranayama | Kaivalyadhama, Lonavla | 11th edi., 2010 |
| 13 | Dhirendra Brahmachari | Yogic Sukshma Vyayam | Dhirendra yoga publications, New Delhi | - |
| 14 | सत्यानंद सरस्वती | आसन प्राणायाम मुद्रा बंध (हिंदी) | योगा पब्लिकेशन्स ट्रस्ट, मुंगेर | ३ रा संस्क., २००६ |

| | T | T | T | |
|----|---|---|---|-----------------------|
| 15 | सत्यानंद सरस्वती | आसन प्राणायाम मुद्रा बंध (मराठी) | योगा पब्लिकेशन्स ट्रस्ट, मुंगेर | २००२ |
| 16 | जैन, राजीव | संपूर्ण योग विद्या: योगासन, प्राणायाम, मुद्रा, बंध, षट्कर्म, ध्यान एवं कुण्डलिनी योग | मंजुल पब्लिशिंग हाउस, भोपाल | ५ वा संस्क., २०१८ |
| 17 | निंबाळकर, सदाशिव | योगिक क्रिया: आरोग्याचा पाया | योग विद्या निकेतन मुंबई | १ ली आवृत्ती, १९८२ |
| 18 | निंबाळकर, सदाशिव | प्राणायाम | योग विद्या निकेतन मुंबई | १ ली आवृत्ती, १९८४ |
| 19 | निंबाळकर, सदाशिव | स्वास्थ्य के लिए योग | योग विद्या निकेतन मुंबई | ३ रा संस्क., २०१७ |
| 20 | आनंद ऋषी | ध्यानप्रचीतीः ध्यानाच्या विविध मार्गाविषयी अनुभवसिद्ध मार्गदर्शन | नविन प्रकाशन, पुणे | २ री आवृत्ती, २०१३ |
| 21 | Chatterjee, Satischandra & Datta, Dhirendramohan | An Introduction to Indian Philosophy | Rupa publications India Pvt. Ltd., New Delhi | 7th edi., 1968 |
| 22 | दीक्षित, श्रीनिवास | भारतीय तत्वज्ञान | फडके बुक हाऊस, कोल्हापूर | ७ वी आवृती, २००२ |
| 23 | उपाध्याय, बलदेव | भारतीय दर्शन की रुपरेखा | चौखम्भा ओरिएण्टालिया, वाराणसी | २ रा संस्क., १९७९ |
| 24 | Dalai, B. K. | Yoga Traditions: An in depth study of less known yoga concepts | Pratibha Prakashan, Delhi | 1st edi., 2013 |
| 25 | Iyengar, B. K. S. | Light on Yoga: Yoga Dipika | Unwind, London, England | 1968 |
| 26 | अय्यंगार, बी. के. एस. व पटवर्धन, राम (अनु.) | योगदीपिका | रोहन प्रकाशन, पुणे | १ ली आवृती, २०१६ |

| 27 | Yardi, M. R. | The Yoga of Patanjali: with an introduction, Sanskrit texts of yogasutras, English translation and notes | Bhandarkar Oriental Research Institute, Pune | 2nd edi., 1996 |
|----|--|--|---|-----------------------|
| 28 | ब्रम्हलीन मुनि | पातञ्जल योगदर्शनः व्यासभाष्य साहित्य शोधपुर्ण संस्करण | चौखम्भा संस्कृतसंस्थान, वाराणसी | २०१७ |
| 29 | कोपर्डेकर, शरदचंद्र | पातंजल योगदर्शन: भगवान पतंजलींची सूत्रे, मराठी भावार्थ व सुबोध भाषेतील विवरण | इंद्रायणी साहित्य, पुणे | ४ थी आवृत्ती, २०१६ |
| 30 | Digambaraji Swami (Ed.) & Kokaje Raghunatha Shastri (Ed.) | Hathapradipika of Svatmarama | Kaivalayadhama Shriman Madhav Yogamandir Samiti, Lonavla | 2nd edi., 1998 |
| 31 | Muktibodhnanda Swami | Hatha Yoga Pradipika: Light on Hatha Yoga | Yoga publications trust, Munger | 2nd edi., 2004 |
| 32 | शास्त्री, श्रीद्वारीकादास | हठयोगप्रदीपिका: विस्तृत भूमिका एवम विशिष्ट हिंदी व्याख्या विभूषित | चौखम्भा विद्याभवन, वाराणसी | २००९ |
| 33 | स्वामी दिगंबरजी और झा, पीताम्बर | हठप्रदीपिकाः स्वात्माराम कृत | कैवल्यधाम श्रीमन्माधव योगमंदिर समिती, लोनावला | २ रा संस्क., २०११ |
| 34 | देवकुळे, व. ज. | हठप्रदीपिका: सुबोध मराठी भाषांतर | सरस्वती बुक डिस्ट्रिब्युटर्स, पुणे | १९८५ |

Semester III: Elective Paper 1: Bhakti Tradition

| Course Code | Course Title | | | |
|------------------------|-------------------------|----|-----|-------|
| 132P63E301 | Bhakti Tradition | | | |
| | TH | W | TUT | Total |
| Teaching Scheme (Hrs.) | 04 | | | 04 |
| Credits Assigned | 04 | | | 04 |
| Examination | Marks | | | |
| Scheme | CA | TW | ESE | Total |

| 50 | 50 | 100 |
|----|--------|-----|
| 30 | 30 | 100 |

Course Objectives:

The objective of this course is to make students understand the importance of rich Bhakti tradition in India and make them aware about the spiritual, social and literary contributions of selected Saint poets.

Course Outcomes:

At the end of successful completion of the course the students will be able to -

- **CO1** Understand the importance of Bhakti Movement
- CO2 Understand the contribution of selected prominent personalities in Bhakti tradition along with their philosophy and the poetry
- CO3 Learn about the philosophical explanation of Bhakti
- CO4 Appreciate the contribution of Rsi and Rsikā tradition of India

| Module No. | Unit No. | Topics | Hours | CO |
|---------------|-------------|---|-------|-----|
| 1.0 | 1.1 | Unit 1 – Bhakti Movement | 15 | CO1 |
| | | Origin and Development of Bhakti Movement | | |
| | | Bhakti movement in North India | | |
| | | Bhakti Movement in South India | | |
| 2.0 | 2.1 | Unit 2 – Prominent Personalities in Bhakti Tradition and their contribution with the selections of their compositions | 25 | CO2 |
| | | Ādi Śaṅkara | | |
| | | Kabīra | | |
| | | Mīrābāī | | |
| | | Sūrdāsa | | |
| | | Raskhān | | |
| | | Tulasīdāsa | | |
| | | Akkamahādevī | | |
| | | Caitanya Mahāprabhu | | |
| | | Āṇḍāl | | |
| | | Lāldeva | | |
| | | Śaṅkaradeva | | |
| | | Rāmānanda | | |
| | | Thiruvalluvar | | |
| | | Jñāneśvara | | |
| | | Tukārāma | | |

| 3.0 | 3.1 | Unit 3 – Bhakti in poems, compositions and scriptures | 15 | CO3 |
|-----|-----|---|----|-----|
| | | Bhāgavata Purāṇa | | |
| | | Nārada-bhaktisūtras | | |
| | | Śāṇḍilya-bhaktisūtras | | |
| | | Bhagavadbhakti-rasāyana | | |
| | | Selected Bhakti Literature in other Indian Languages | | |
| 4.0 | 4.1 | Ŗṣi and Ŗṣikā tradition | 05 | CO4 |
| | | Total Hours | 60 | |

Recommended Books:

| Sr. No. | Name/s of Author/s | Title of Book | Name of Publisher with country | Edition and Year of Publication |
|------------|---|--|--|---------------------------------------|
| 1. | M Rajagopalachary (Ed), K Dadomdar Rao (Ed) | Bhakti Movement and Literature- Reforming a Tradition | Rawat Publications, India | ed. 1, 2016 |
| 2. | David N. Lorenzen (Ed.) | Bhakti Religion in North India Community Identity and Political Action | Suny series in Religious Studies , USA | ed. 1, 1994 |
| 3. | John Stratton Hawley | Storm of Songs: India and the Idea of the Bhakti Movement | Harvard University Press, USA | ed. 1, 2015 |
| 4. | Andrew Schelling | The Oxford Anthology of Bhakti Literature | Oxford University Press, UK | ed. 1, 2011 |
| 5. | Dr. Rajmal Bora | भारतीय भक्ति साहित्य: Indian Bhakti Literature | Vani Publications, India | ed. 1, 1994 |
| 6. | Ramesh Menon (Tr.) | Bhagavata Purana (Set of 2 Books) | Rupa and Co., India | ed., 2011 |
| 7. | - | Srimad Bhagwat Mahapuran In Hindi (Part 1 & 2) | Gita Press, Gorakhpur, India | ed. 1, 2016 |
| 8. | Swami Chinmayananda | Narada Bhakti Sutra | Chinmaya Prakasha, India | ed. 1, 2013 |

| 9. | Shraddhesh Chaturvedi | Shandilya Bhakti Sutra: The Ultimate Path of Devotion | Independently Published | ed.1, 2021 |
|-----|----------------------------|---|--|------------|
| 10. | पाण्डेय जनार्दनशास्त्री | श्रीभगवद्भक्तिरसायन | गिरिजेशकुमार पाण्डेय, वाराणसी | - |
| 11. | Sharma Krishna | Bhakti and the Bhakti Movement | Munshiram Manoharlal Publishers, New Delhi | 1987 |
| 12. | Machwe Prabhakar | Kabir | Sahitya Akademi, New Delhi | 1968 |
| 13 | Singh Mohan | Kabir and the Bhagti Movement | Atmaram and Sons, Lahore | 1934 |
| १४ | भाटी देशराजसिंह | रसखान ग्रंथावली सटीक | अशोक प्रकाशन, दिल्ली | १९६६ |
| 15 | - | Devotional Poets and Mystics | Publication Division, Ministry of Information and Broadcasting, Govt. of India | 1991 |

Semester III: Elective Paper 2: Cultural History of Ancient India - II

| Course Code | Course Title | | | |
|-------------------------|---|----|-------|-------|
| 132P63E302 | Cultural History of Ancient India - II | | | |
| | TH W TUT | | | Total |
| Teaching Scheme (Hrs.) | 04 | | | 04 |
| Credits Assigned | 04 | | | 04 |
| Examination | | - | Marks | |
| Scheme | CA | TW | ESE | Total |
| | 50 | | 50 | 100 |

Course Objectives

This paper will help students to understand the cultural background of India from 3rd Century CE until 13th Century CE. This period witnessed the rise of various regional dynasties in ancient India. It also witnessed the spread of Indian Culture in South and SouthEast Asia.

Course Outcomes

At the end of successful completion of the course the student will be able to

- **CO.1.** Students will get elementary knowledge of ancient history from 3rd Century CE to 13th Century CE.
- **CO.2.** Students will get the opportunity to learn the changes in political, social, economic and cultural scenario happening during this chronological span.
- **CO.3.** It will also enable the students to understand the cultural influence of this region on South and South East Asian countries

| Module | Unit | Topics | Hours | CO |
|--------|------|---|-------|-------|
| No. | No. | | | |
| 1.0 | | India from 3 rd Century CE to 5 th century | 15 | CO.1, |
| | | CE: | | CO.2 |
| | 1.1 | Guptas | | |
| | 1.2 | Vākatakās | | |
| | 1.3 | Kalabhras of South India | | |
| 2.0 | | India from 6 th Century CE to 9 th Century | 30 | CO.1, |
| | | CE | | CO.2, |
| | 2.1 | Pallavas | | CO.3 |
| | 2.2 | Harshvardhana | | |
| | 2.3 | Rashtrakutas | | |
| | 2.4 | Chalukyas of Badami and Kalyani | | |
| | 2.5 | Cholas | | |
| 3.0 | | India from 9 th Century CE till 13 th Cent. CE: | | |
| | 3.1 | Pāla & Sena | 15 | CO.1, |
| | 3.2 | Chandelas & Paramāras | | CO.2 |
| | 3.3 | Yadavās, Hoyasālas, Kakatiyas | | |
| | | Total | 60 | |

Recommended books:

| Sr. No. | Name/s of Author/s | Title of Book | Name of Publisher with Country | Edition and Year of Publication |
|------------|--------------------|-------------------------------|---|---------------------------------------|
| 1. | Dikshit, R.K. | Chandellas of Jejakabhukti | Abhinav Publications, New Delhi, India | 1 st ed., 1977 |

| | Ganguly, | History of | University of | 1930 |
|-----|---------------|--------------------------|----------------------------|---------------------------|
| 2. | D.C. | Paramaras Dynasty in | London, London, UK. | 1750 |
| | D.C. | Malava, Arthuna and | London, London, OK. | |
| | | Chandravati | | |
| | Carrel | | Vygymaniali Dagly | 1st ad 2006 |
| 3. | Goyal, | History of | Kusumanjali Book | 1st ed., 2006 |
| ٥. | S.R. | Vakataka- Gupta | World, Jodhpur, India | |
| | | relations | | |
| 4 | Maity, | The Imperial | Munshiram | 1 st ed., 1975 |
| 4. | S.K. | Guptas and their times | Manoharlal Publishers | |
| | | | Pvt., Ltd., Delhi, India | |
| | Majumdar | The History and | Bharitiya Vidya | 1997 |
| 5. | R.C (Ed.) | Culture of the Indian | Bhavan, Mumbai | 1001 |
| | R.C (Ed.) | People | Bilavan, Mamoai | |
| | Majumdar, | Chaulukyas of Gujarat: | Bharatiya Vidya | 1956 |
| 6. | A.K. | A survey of the history | Bhavan, Bombay, India | 1930 |
| | A.N. | | Dilavali, Dollioay, Iliula | |
| | | and culture of Gujarat | | |
| | | from the middle of the | | |
| | | tenth to the end of the | | |
| | | thirteenth century | | |
| 7. | Majumdar, | History of Bengal. Vol | B. R. Publishing, Delhi, | 2017 |
| 7. | R.C. (Ed.) | 1: Hindu Period | India | |
| | Niyogi, | The History of | Calcutta Oriental Book | 1959 |
| 8. | Roma | the Gahadavala Dynasty | Agency, Calcutta | |
| | Puri, | History of | Munshiram | 1986 |
| 9. | B.N. | Gurjara-Pratiharas | Manoharlal Publishers | 1,00 |
| | B.1 (. | Guijara i ramiaras | Pvt., Ltd., Delhi, India | |
| | Raychoudhury, | Political | Oxford | 1997 |
| 10. | H.C | History of Ancient India | University Press, India | 1771 |
| | | - | , | |
| 11 | Raychoudhury, | Prācīn Bhārata | Kitab Mahal, | 1980 |
| 11. | H.C | Kā Rājanītika Itihāsa | Allahabad | |
| | | (Hindi) | | |
| | Sarma, | A History of | Oxford | |
| 12. | Nilkanta K.A | South India | University Press, Bombay | 1955 |
| | Sarma, | Illustrated | Oxford | |
| 13. | Nilkanta K.A | History of South India | University Press, Bombay | 2009 |
| | | , | , , | |
| 1.4 | Sharma, | India's Ancient | Oxford | 2000 |
| 14. | R. S | Past | University Press, Bombay | 2008 |
| | Sharma, | Perspectives in | Munshiram | |
| 15. | R.S. | the Social and Economic | | 2003 |
| | , | History of Early India | Pvt Ltd, New Delhi | |
| | | Thistory of Dairy Illaid | I TO LIGHT DOME | |

| | Sharma, | Early medieval | Orient Longman | |
|-----|--------------------|--------------------------|-------------------------|------|
| 16. | R.S. | Indian society: a study | Ltd, Hyderabad | 2001 |
| | | in feudalization | | |
| | Singh | A History of Ancient | Pearson, London | |
| 17. | Upinder | and Early Medieval | | 2008 |
| | | India, from Stone Age to | | |
| | | 12th Century | | |
| | Srivastava, | Harsha and His | Chaukhamba | |
| 18. | B.N. | Times | Sanskrit Series Office, | 1976 |
| | | | Varanasi, India | |
| • | | 7 1 77 | | |
| 10 | Yazdani | Early History of | Oxford | 1061 |
| 19. | G. Yazdani, Ghulam | the Deccan Vol. 1 & 2 | University Press | 1961 |

Semester III: Elective Paper 3: Nyāya and Sāṃkhya Darśanas

| Course Code | Course Title | | | |
|------------------------|----------------------------|-------|-------|-------|
| 132P63E303 | Nyāya and Sāṃkhya Darśanas | | | |
| | TH | Total | | |
| Teaching Scheme (Hrs.) | 04 | - | | 04 |
| Credits Assigned | 04 | | | 04 |
| Examination | | | Marks | |
| Scheme | CA | TW | ESE | Total |
| | 50 | - | 50 | 100 |

Course Objectives:

To acquaint the students with the fundamental philosophical texts of Sāṃkhya and Nyāya systems of Indian Philosophy.

Course Outcomes:

At the end of successful completion of the course the students will be able to -

- CO1 Understand the principles of the philosophy of Sāṃkhya school that will also help them learn Yoga philosophy.
- CO2 Learn basic tenets of Nyāya school of thought and understand the fundamental principles of Indian Philosophy

| Module No. | Unit No. | Topics | Hours | CO |
|------------|-------------|---------------|-------|-----|
| 1.0 | | Unit 1 | 30 | CO2 |
| | 1.1 | Tarkasaṃgraha | | |
| 2.0 | | Unit 2 | 30 | CO1 |
| | 2.1 | Sāṃkhyakārikā | | |
| | · | Total Hours | 60 | |

Recommended books:

| Sr. No. | Name/s of Author/s | Title of Book | Name of Publisher with country | Edition and Year of Publication |
|------------|--------------------|------------------------------|--------------------------------|---------------------------------------|
| 1 | Jha, V. N. | Tarkasangraha of Annambhatta | Chinmay | 2010 |
| | | | International | |
| | | | Foundation Shodha | |
| | | | Sansthan, | |
| | | | Ernakulam | |
| 2 | Athalye, Y. V. and | _ | Bhandarkar Oriental | 2003 |
| _ | Bodas, M. R. | Annambhatta | Research Institute, | |
| | | | Pune | |
| 3 | Virupakshananda | Samkhyakarika of | Sri Ramkrishna | - |
| | Swami | Ishvarakrishna | Math, Madras | |
| 4 | चाफेकर, नलिनी | तर्कसंग्रह | ठाणे | 2004 |
| 5 | रस्तोगी, लीना | तर्कसंग्रहः | श्री मंगेश प्रकाशन, नागपुर | 2010 |
| 6 | शास्त्री, राकेश | साङ्ख्यतत्त्वदीपिका | संस्कृत ग्रंथागार, दिल्ली | 2004 |

Semester III: Elective Paper 4: Bhagavadgītā - I

| Course Code | Course Title | | | | |
|------------------------|--------------|--------|-------------|-------|--|
| 132P63E304 | | Bhagay | vadgītā - I | | |
| | TH | W | TUT | Total | |
| Teaching Scheme (Hrs.) | 04 | | | 04 | |
| Credits Assigned | 04 | | | 04 | |
| Examination | | - | Marks | | |
| Scheme | CA | TW | ESE | Total | |
| | 50 | | 50 | 100 | |

Course Objectives:

To teach the text of Bhagavadgītā and its philosophy

Course Outcomes:

At the end of successful completion of the course the students will be able to -

CO1 Understand the important topics discussed in Bhagavadgītā

CO2 Understand concepts of Vedānta, Sāṃkhya and Yoga

| Module No. | Unit No. | Topics | Hours | СО |
|---------------|-------------|---|-------|------|
| 1.0 | | Unit 1 – Introduction to Bhagavadgītā | | CO1, |
| | 1.1 | Position of Bhagavadgītā in Mahābhārata | | CO2 |
| | 1.2 | Gītā as a part of Prasthānatrayī | | |
| | 1.3 | Important commentaries on Gītā and variations in the interpretation of Gītā by different scholars | | |
| 2.0 | | Unit 2 – Bhagavadgītā – Adhyāya 1 - 9 | 50 | |
| | | Total Hours | 60 | |

Recommended books:

| Sr. No. | Name/s of Author/s | Title of Book | Name of Publisher with country | Edition and Year of Publication |
|------------|----------------------|---|---|---------------------------------------|
| 1 | Swarupananda Swami | Srimad Bhagavad Gita: with text, word-forword translation English rendering, comments and index | Advaita Ashram, Delhi | 1st edi., 1909 |
| 2 | - | Srimadbhagvadgita | Gita Press, Gorakhpur | 1985 |
| 3 | Chinmayananda Swami | The Holy Geeta | Central Chinmaya Mission Trust, Bombay | 1992 |
| 4 | Chidbhavananda Swami | The Bhagavad Gita | Sri Ramakrishna Tapovanam, Tiruchirapalli | 2005 |
| 5 | प्रभुपाद स्वामी | श्रीमदभगवद्गीताः यथारूप | भक्ती वेदान्त बुक ट्रस्ट, मुंबई | १९८८ |
| 6 | प्रभुपाद स्वामी | श्रीमदभगवद्गीताः जशी आहे तशी | भक्ती वेदान्त बुक ट्रस्ट, मुंबई | १९९८ |

Semester III: Elective Paper 5: Narrative Literature - I

| Course Code | Course Title | | | |
|------------------------|--------------------------|---|-----|-------|
| 132P63E305 | Narrative Literature - I | | | |
| | TH | W | TUT | Total |
| Teaching Scheme (Hrs.) | 04 | | | 04 |
| Credits Assigned | 04 | | | 04 |

| Examination | Marks | | | |
|-------------|-------|----|-----|-------|
| Scheme | CA | TW | ESE | Total |
| | 50 | | 50 | 100 |

Course Objectives:

This course will introduce students to the magical world of narrative literature of the religious genre, with selections from the epics and Puranas.

Course Outcomes:

At the end of successful completion of the course the student will be able to

- **CO1** Appreciate how narrative literature plays an important role in underpinning culture across the country.
- CO2 Understand the dissemination of texts across diverse cultures in India and across Asia, and their local assimilation.
- **CO3** Understand their continuing influence on our culture today and discuss some of the themes from a modern perspective.

| Module No. | Topics | Hours | CO |
|---------------|---|-------|---------------------|
| 1.0 | Case of Rāmāyaṇa: different versions within and outside India | 30 | CO1, CO2, CO3 |
| 2.0 | Stories from the Purāṇas. Samudra-manthana: the Indian context and assimilation Southeast Asian | 10 | CO1, CO2 |
| 3.0 | Mahābhārata war: as depicted in literature and influence outside India | 10 | CO1, CO2, CO3 |
| 4.0 | Anthropomorphic characters such as Garuḍa, Narasiṃha | 10 | CO1, CO2 |
| | Total | 60 | |

Recommended Books:

| Sr. No. | Name/s of Author/s | Title of Book | Name of Publisher with country | Edition and Year of Publication |
|------------|--|--|--------------------------------|---------------------------------------|
| 1. | Dange, Sindhu S.(Ed) | The Bhagavata purana: mytho-social study | Ajanta Publications, Delhi | 1984 |
| 2. | Iyengar, Kodaganallur Ramaswami Srinivasa | Asian Variation In Ramayana | Sahitya Akademi. | 2005 |
| 3. | Jagannathan, N.S. (Ed.) Sundaram, P.S. | Kamba Ramayana | Penguin Books,New Delhi | 2002 |

| 4. | Jacobi, Hermann | Vimalsuri's Paumachariyam | Prakrit Text Society, Ahemdabad | 2005 |
|-----|--|---|---|------|
| 5. | Jain Pannalal, Jain Hiralal, Upadhyaya A.N (Eds) | Ravisenacharya Padmapuran | Bhartiya Jnanpith, New Delhi | 2000 |
| 6. | Kulkarni, S.D. (Ed) | The Puranas | Samshodhan Mandir, Mumbai | 1993 |
| 7. | Kumar, Ravi | Ramayana around the World | Shri Vinayak Gale, Mulund | 2008 |
| 8. | Rajagopalachari. C. | Mahabharata | Bharatiya Vidya Bhavan, Mumbai | 1988 |
| 9. | Richman, Paula | Many Ramayanas: The Diversity of a Narrative Tradition of South Asia | University of California PRess | 1991 |
| 10. | Sarin, San | Samudramanthan | Rashtriya Sanskrit Sansthan, New Delhi | 2012 |
| 11. | Singh, Nag Sharan | Purana Parichay | Nag Publishers, Delhi | 1985 |
| 12. | V. Raghava | The Ramayana Tradition in Asia | Sahitya Akademi, New Delhi | 1989 |
| 13. | - | The Bhāgavata Purāṇa | Nag Publishers, Delhi | 1985 |
| 14. | - | The Mahābhārata | Bhandarkar Oriental Research Institute, Poona | 1972 |
| 15. | | Vālmīkīyarāmāyaṇa | Nag Publishers, Delhi | 1990 |

Semester III: Elective Paper 6: Dharmaśāstra

| Course Code | Course Title | | | |
|------------------------|--------------|----|-------|-------|
| 132P63E306 | Dharmaśāstra | | | |
| | TH | W | TUT | Total |
| Teaching Scheme (Hrs.) | 04 | | - | 04 |
| Credits Assigned | 04 | | | 04 |
| Examination | | | Marks | |
| Scheme | CA | TW | ESE | Total |
| | 50 | | 50 | 100 |

Course Objectives:

The objective of this course is to make students understand the concept of 'Dharma' and topics dealt in Dharmaśāstra.

Course Outcomes:

At the end of successful completion of the course the students will be able to -

- CO1 Understand the concept and various definitions of Dharma
- CO2 Understand the variety of texts that fall under the category of Dharmaśāstra
- CO3 Learn important concepts discussed in Dharmaśāstra

| Module No. | Unit No. | Topics | Hours | СО |
|---------------|-------------|---|-------|-----|
| 1.0 | | Unit 1 – Concept and Definitions of Dharma | 15 | CO1 |
| | 1.1 | Concept of Dharma as per Rgveda, Upanişads, Bhagavadgītā, Smṛti Literature | | |
| | 1.2 | Various definitions of Dharma | | |
| | 1.3 | Origin and development of the concept of Dharma | | |
| | 1.4 | Dharma as one of the puruṣārthas | | |
| 2.0 | | Unit 2 – Literature on Dharmaśāstra | 15 | CO2 |
| | 2.1 | Introduction to Dharmasūtras of Gautama, Āpastamba, Baudhāyana, Vasiṣṭha | | |
| | 2.2 | Introduction to Smrti literature, structure and content | | |
| | 2.3 | History of Dharmaśāstra by P.V. Kane | | |
| | 2.4 | Chronological development of Dharmaśāstra literature | | |
| 3.0 | | Unit 3 – Important topics dealt in Dharmaśāstra | 30 | CO3 |
| | 3.1 | Saṃskāras | | |
| | 3.2 | Āhnika and Ācāra | | |
| | 3.3 | Mahāyajñās | | |
| | 3.4 | Rājadharma, Vyavahāra, Sadācāra, | | |
| | | Total Hours | 60 | |

Recommended Books:

| Sr. No. | Name/s of Author/s | Title of Book | Name of Publisher with country | Edition and Year of Publication |
|------------|--------------------|-----------------------------|--------------------------------|---------------------------------------|
| 1 | Gavin Flood | Religion and the Philosophy | Oxford University | ed. 1, 2019 |
| | | of Life | Press, UK | |
| 2 | Patrick Olivelle | Dharmasutras: The Law | Motilal | ed.1, 2000 |
| | | Codes of Apastamba, | Banarasidass, India | |

| | | Gautama, Baudhayana and | | |
|---|----------------|---|---|----------------|
| | | Vasistha | | |
| 3 | - | Manusmriti | Prabhat Prakashan, India | ed. 1, 2020 |
| 4 | B S Bist | Yajnavalkya Smrti | Chaukhamba Sanskrit Pratishthan, India | ed. 1, 2004 |
| 5 | P V Kane | History of Dharmashastra full set Vol. I - V | Bhandarkar Oriental Research Institute, India | ed. 1, 1962 |
| 5 | Jagannath Dash | Vedic Concept of Dharma.: A Philosophical Analysis | Motilal Banarasidass, India | ed.1, 2018 |

Semester III: Elective Paper - 7: Art History - I

| Course Code | Course Title | | | | | |
|-------------------------|-----------------|-----|-------|-------|--|--|
| 132P63E307 | Art History - I | | | | | |
| | TH W TUT Total | | | | | |
| Teaching Scheme (Hrs.) | 04 | - | | 04 | | |
| Credits Assigned | 04 | | | 04 | | |
| Examination | | | Marks | | | |
| Scheme | CA | TW | ESE | Total | | |
| | 50 | 100 | | | | |

Course Objectives:

This diploma course is aimed at providing a survey of sculpture, painting and architecture in the Indian sub-continent from 2300 B.C. to the eighteenth century in an attempt to explore the role of tradition in the broader history of art in India. Lectures and discussions will cover a range of critical issues, including the ways in which art expresses political aspirations, populist traditions, religious ideals, and creative processes.

No prior background in art history or Asian studies is necessary for taking this course.

Course Outcomes:

At the end of the successful completion of the course, the student will be able to

- **CO1.** Students will gain familiarity with the rich and diverse visual traditions of the Indian subcontinent through exposure to a wide range of artistic media, including painting, sculpture, and architecture.
- CO2. Engage with key debates in the history of Indian art.
- **CO3.** Think critically about how museums, archaeological sites, and other institutions of learning from our interpretation of works of art in the present day.

| Module No. | Unit No. | Topics | Hours | СО |
|---------------|-------------|--|-------|------------------------|
| 1. 0 | | Introduction to the History of Indian Art and Architecture | 10 | CO.1, CO.2, CO.3 |
| | 1.1 | Concepts and Terms | | |
| | 1.2 | Art and Culture | | |
| 2.0 | | The Prehistoric and Protohistoric Periods | 10 | CO.1, CO.2, CO.3 |
| | 2.1 | Stone Age Painting and Sculpture | | |
| | 2.2 | Early Neolithic Art | | |
| | 2.3 | The Indus Civilization | | |
| | 2.4 | The Vedic and Upanishadic Periods | | |
| 3.0 | | Early Indian Art | 10 | CO.1, CO.2, CO.3 |
| | 3.1 | Imperial Art and Architecture under the Mauryans | | |
| | 3.2 | Artistic Development Under the Sungas | | |
| | 3.3 | Stupas and the Sangha: Popular Buddhism and Monastic Practice | | |
| | 3.4 | Early Buddhist Narrative Art | | |
| | 3.4 | 'Foreign Influence': The Saka and Parthian Kingdoms | | |
| | 3.5 | Development of the Buddha Image under the Kushans | | |
| | 3.6 | Early Rock-Cut Art and Architecture - Phase I | | |
| 4.0 | | The Gupta Period | 15 | CO.1, CO.2, CO.3 |
| | 4.1 | Hindu Art of the Early Gupta Period | | |
| | 4.2 | Buddhist Art of the Fifth Century: Sanchi, Mathura, and Sarnath | | |
| | 4.3 | The Beginnings of Hindu Temple Architecture | | |
| | 4.4 | Terracotta Art | | |
| 5.0 | | Development of Indian Art and Architecture (Fourth through Sixth centuries) | 10 | CO.1, CO.2, CO.3 |
| | 5.1 | The Disintegration of the Gupta Empire and its Aftermath: Regional Variations of the Gupta Idioms | | |
| | 5.2 | Development of Rock-Cut Architecture: Buddhist, Jaina, and Hindu - Phase II & III | | |
| | 5.3 | Late Buddhist Art: India, Nepal, and Tibet | | |
| 6.0 | | Research Methodology | 5 | CO.2, CO.3 |
| | | Total | 60 | |

Recommended Books:

| Sr. No. | Name/s of Author/s | Title of Book | Name of Publisher with country | Edition and Year of Publication |
|------------|--|--|---|---------------------------------------|
| 1 | Susan L. Huntington; John C. Huntington | The Art of Ancient India | Weatherhill, New York | 1985 |
| 2 | Vidya Dehejia | Indian Art | Phaidon Press, London | 1997 |
| 3 | Roy Craven | A Concise History of Indian Art | Thames and Hudson, London | 1976, reprint 1998 |
| 4 | A.K. Coomaraswamy | History of Indian and Indonesian Art | London | 1927 |
| 5 | Romila Thapar | The Penguin History of Early India from the origins to AD 1300 | Penguin Books | 2002 |
| 6 | Benjamin Rowland | The Art and Architecture of India: Buddhist, Hindu, Jain | Puffin, New York | 1953, reprint: 1984 |
| 7 | Joanna Williams | The Art of Gupta Indian-Empire and Province | Princeton University Press, New Jersey | 1982 |
| 8 | Walter M. Spink | "The Archaeology of Ajanta." <i>Ars Orientalis</i> . vol. 21. 67-94 | | 1991 |
| 9 | Diana Eck | Darsan: Seeing the Divine Image in India. | Anima Books, 2nd ed. | 1985 |
| 10 | Heinrich Zimmer | The Art of Indian Asia | Princeton University Press, New Jersey | 1983 |
| 11 | Heinrich Zimmer | Myths and Symbols in Indian Art and Civilization | Princeton University Press, New Jersey | 1946 |

Semester III: Workshop: Research Methodology

| Course Code | Course Title | | | | |
|------------------------|----------------------|----|-----|-------|--|
| 132P63W301 | Research Methodology | | | | |
| | TH W TUT Total | | | | |
| Teaching Scheme (Hrs.) | 04 | | | 04 | |
| Credits Assigned | 04 | 4 | | 04 | |
| Examination | Marks | | | | |
| Scheme | CA | TW | ESE | Total | |
| | | 50 | _ | 50 | |

Course Objectives:

In this course the student will become acquainted with research methodologies such as survey and field research, questionnaire design, content analysis, analysis of existing data, focus group, individual and group observation (including participatory observation) etc. The course will also introduce students to the safeguards against errors in both data collection and data analysis and reporting.

Course Outcomes:

At the end of successful completion of the course the student will be able to

- **CO 1** Develop an understanding of introduction to research
- CO 2 understand about Formulation of Research Problem and Research design
- **CO 3** Develop Data Analysis and interpretation.
- **CO 4** Understand about importance of reporting results and publications

| Module | Unit | Topics | Hours |
|----------|------|---|-------|
| No. 1 | No. | Fundamentals of research | 05 |
| | 1.1 | Definition of research | |
| | 1.2 | Types of Research | |
| | 1.3 | Process of Research | |
| 2 | 1.5 | Formulation of the Research Problem and Development | 10 |
| _ | | of the research Hypothesis | 10 |
| | 2.1 | The Scientific thought | |
| | 2.2 | Defining the Research problem | |
| | 2.3 | Formulation of the research Hypothesis | |
| 3 | | Research Design | 10 |
| | 3.1 | Formulation of the Research Designs | |
| | 3.2 | The nature of research Design | |
| | 3.3 | Exploratory research Design | |
| | 3.4 | Descriptive research Design | |
| 4 | | Data Collection, Measurement and Scaling | 10 |
| | 4.1 | Secondary Data Collection Methods | |
| | 4.2 | Qualitative Methods of Data Collection | |
| | 4.3 | Attitude Measurement and scaling | |
| | 4.4 | Questionnaire Designing | |
| 5 | | Respondent Section and Data Preparation | 05 |
| | 5.1 | Sampling Techniques | |
| | 5.2 | Data Processing | |
| 6 | | Preliminary Data Analysis and Interpretation | 10 |
| _ | 6.1 | Univariate & Bivariate Data Analysis | |
| | 6.2 | Testing of Hypothesis | |
| | 6.3 | Analysis of Variance Technique | |
| | 6.4 | Non-parametric Test | |
| 7 | | Reporting Research Results | 10 |
| | 7.1 | Report Writing | |
| | 7.2 | Presentation of Research | |

| 7.3 | Preparing Final Thesis | |
|-----|------------------------|----|
| | Total | 60 |

Recommended Books

| Sr. No. | Name/s of Author/s | Title of Book | Name of Publisher with country | Edition and Year of Publication |
|------------|--|---|---|---------------------------------------|
| 1 | William G. Zikmund, Barry J. Babin, Jon C. Carr, Atanu Adhikari, Mitch Griffin | Business Research Methods | Cengage Learning | 8- Edition |
| 2 | Donald R. Cooper, Pamela S. Schindler, J K Sharma | Business Research Methods | McGraw Hill Education | 12. Edition |
| 3. | Wayne C. Booth ,Gregory Colomb ,Joseph M. Williams ,William Fitzgerald | The Craft of Research | Chicago Guides to Writing, Editing and Publishing | 4 Edition |
| 4. | Naresh K Malhotra, Satyabhushan Dash | Marketing Research: An Applied Orientation | Pearson | 7. Edition |

Detailed Syllabus: Semester IV

Semester IV Credit Scheme

| Course Code | Course Name | Teaching Scheme (Hrs.) TH – P – TUT | Total Hrs. | Credits Assigned TH – P – TUT | Total Credits |
|-------------|------------------------------------|---|---------------|----------------------------------|------------------|
| 132P63C401 | Ancient Indian Temple Architecture | 04 - 00 - 00 | 04 | 04 - 00 - 00 | 04 |
| 132P63D401 | Dissertation | 02 - 00 - 02 | 04 | 05 - 00 - 05 | 10 |
| 132P63E4XX | Elective – I* | 04 - 00 - 00 | 04 | 04 - 00 - 00 | 04 |
| 132P63E4XX | Elective – II* | 04 - 00 - 00 | 04 | 04 - 00 - 00 | 04 |
| | Total | 14 - 00 - 02 | 16 | 17 - 00 - 05 | 22 |

*Table of Electives *Choose any two electives from the table

| Course Code | Elective Name |
|-------------|---------------------------------|
| 132P63E401 | Spiritual Practices of Tantra |
| 132P63E402 | Vedānta and Mīmāṃsā Darśanas |
| 132P63E403 | Bhagavadgītā - II |
| 132P63E404 | Narrative Literature - II |
| 132P63E405 | Art History – II |
| 132P63E406 | Sacred Landscape and Pilgrimage |

Semester IV Examination Scheme

| Course Code | Course Name | Examination Scheme | | | | |
|--------------------|-----------------------|---------------------------|----|------|---------------|-------|
| | | Marks | | | | |
| | | CA | TW | Viva | ESE / | Total |
| | | | | | Thesis | |
| 132P63C401 | Ancient Indian Temple | 50 | _ | _ | 50 | 100 |
| | Architecture | | | | | |
| 132P63D402 | Dissertation | _ | 50 | 50 | _ | 100 |
| 132P63E4XX | Elective – I* | 50 | 1 | 1 | 50 | 100 |
| 132P63E4XX | Elective – II* | 50 | _ | | 50 | 100 |
| | Total | 200 | 50 | 50 | 200 | 500 |

Semester IV: Core Paper 1: Ancient Indian Temple Architecture

| Course Code | Course Title | | | | |
|-------------------------|---|----|-----|-------|--|
| 132P63C401 | Ancient Indian Temple Architecture | | | | |
| | TH W TUT Tota | | | | |
| Teaching Scheme (Hrs.) | 04 | - | - | 04 | |
| Credits Assigned | 04 | | | 04 | |
| Examination | Marks | | | | |
| Scheme | CA | TW | ESE | Total | |
| | 50 | | 50 | 100 | |

Course Objectives:

This paper is framed to understand ancient Indian Temples architecture. Not only Brahamanical but Buddhist and Jain temples will also be studied. Students will also be familiarized with regional variations of ancient Indian temple architecture, methods and technique, religious change and artistic practice, its patrons, its relation with ancient Indian art.

Course Outcomes:

At the end of successful completion of the course the student will be able to

- **CO1.**Will be able to understand concepts and classify ancient Indian temple architectures based on styles.
- **CO2.**Will understand the development of art through time and space.
- **CO3.**Will be able to identify the variations of regional styles of temple architecture of different periods.

| Module No. | Unit No. | Topics | Hours | CO |
|---------------|-------------|---|-------|-------|
| 1.0 | | Introduction: Origin, Theory, Scriptures, Concept, Symbolism | 5 | CO.1. |

| | Stupa: Evolution and development | | |
|-----|---|----|---------------|
| | Different Styles: Nagara, Dravida, Vesara | | |
| 2.0 | Early Temples: (Gupta Period) (Selection any two) Sanchi, Deogarh, Bhitargao, Tigawa, Nachana Kuthara, Keval Narsimha (Ramtek), Bodhgaya | 10 | CO.2, CO.3 |
| 3.0 | Rashtrakuta Temple: Ellora | 5 | CO.2, CO.3 |
| 4.0 | Chandela Temples: Khajuraho: Brahmanical and Jain(Selection) Konark Mount Abu | 10 | CO.2, CO.3 |
| 5.0 | Chalukya Temples: Selection any two: Pattadakal, Badami, Aihole, Virupaksha temple (Hampi) | 10 | CO.2, CO.3 |
| 6.0 | Pallava Temples: Mamallapuram, Kanchipuram | 10 | CO.2, CO.3 |
| 7.0 | Chola Temples: Selection any two: Thanjavur: Airavateshvara, Brihadishwara, Ganagaikonda (Cholapuram) | 10 | CO.2, CO.3 |
| 8.0 | Temple Economy | | |
| | Total | 60 | |

| Sr. No. | Name/s of Author/s | Title of Book | Name of Publisher with Country | Edition and Year of Publication |
|---------|---|--|--|---------------------------------------|
| 1. | Acharya, P. K. | Indian Architecture According to Manasara-Shilapshastra | Oxford University Press | 1927 |
| 2. | Asher, Catherine B. and Thomas R. Metcalf (Eds.) | Perceptions of South Asia's Visual Past | American Institute of India Studies/ Swadharma Surajya, New Delhi/ Madras | 1994 |
| 3. | Berkson, Carmel | An Approach Towards Examining Style in the Cave Temple, in Rupa Pratirupa (Alice Boner Commemoration Volume) | Abhinava Publications and Indira Gandhi National Centre for Art, New Delhi | 1982. |
| 4. | Berkson, Carmel | Ellora: Concept and Style | Abhinava Publications and Indiara Gandhi National Centre for Art, New Delhi | 1992 |

| 5. | Bhatacharyya, | A Study of Vastuvidya or | Dariapore, Patna | 1947 |
|-----|------------------|--|--------------------------|-----------|
| | T. | Canon of Indian | 1 / | |
| | | Architecture | | |
| 6. | Bose, N. K. | Orissan temple Temple | Bharatiya Kala | 2001 |
| | | Architecture | Prakashana, Delhi | |
| | | (Vastushastra) [With | | |
| | | Sanskrit text and English | | |
| | | translation) | | |
| 7. | Deglurkar, G. | Temple Architecture and | Nagpur | 1974 |
| | B. | Sculpture of Maharashtra | University, Nagpur | |
| 8. | Dehejia, Vidya | Early Stone Temples of | Vikas Publishing House, | 1979 |
| | | Orissa | Delhi | |
| 9. | Dehejia, Vidya | Art of Imperial Cholas | Columbia University | 1990 |
| | 1 13 11, 11 11 | r - r | Press, New York | |
| 10. | Devraj, D. V. | Art and Architecture in | Directorate of | 1996 |
| | and | Karnataka (Papers | Archeology and | |
| | Channabasappa | | Museums, Mysore | |
| | (Eds.) | Seminar on Archaeology | , , | |
| | | 1985) | | |
| 11. | Dhaky, M.A. | The Indian Temple | Abhinava Publications, | 1977 |
| | 3, | Forms: In Karnataka | New Delhi | |
| | | Inscriptions and | | |
| | | Architecture | | |
| 12. | Dhavalikar, | Master Pieces of | Taraporevala, Mumbai | 1983 |
| | M.K. | Rashtrakuta Art: The | , | -, -, |
| | | Kailas. | | |
| 13. | Donaldson, | Hindu Temple Art of | E. J. Brill, Leiden | 1985 |
| | Thomas E. | Orissa. (volume I). | , | |
| | | (Studies in South Asian | | |
| | | Culture 12). | | |
| 14. | Hardy, Adam. | Indian Temple | Indira Gandhi National | 1995. |
| | 110101, 1100111. | Architecture: Forms and | | 1,5,0. |
| | | Transformations, | Abhinav | |
| | | 11 11 11 11 11 11 11 11 11 11 11 11 11 | Publications, New Delhi | |
| 15. | Kannal, | Ellora- An Enigma in | Books and Books, Delhi | 1996. |
| | Deepak.H. | Sculptural Styles | | -,,,,,, |
| | 2 Copulari. | | | |
| 16. | Khandalwala, | Golden Age: Gupta Art | Marg Publications, | 1991 |
| 10. | Karl (Ed.) | Empire, Province and | Mumbai | 1,,,1 |
| | (241) | Influence | 1120111001 | |
| 17. | Kramrisch, | The Hindu Temple. (2 | Motilal Banarasidass, | 1986. |
| | Stella | volumes) | New Delhi | (Reprint) |
| | | , 61611165) | | (110) |
| 18. | Krishna Deva. | Khajuraho Temples. (two | Archaeological Survey of | 1990 |
| 10. | | volumes) (Series: | India, | 1//0 |
| | | Architectural Survey of | New Delhi | |
| | | Temples 5) | | |
| 19. | Mate, M. S. | Prachin Kala Bharati | Continental Prakashan, | 1998 |
| | | Limiwii | Pune | 2770 |
| | 1 | | | |

| 20. | Meister, Michael W, Dhaky M.A., Krishna Deva | Encyclopaedia of Indian Temple Architecture. (volume I, part 1,2,3, and Volume 2, part 1, 2, 3) | American Institute of Indian Studies, New Delhi | 1983 |
|-----|---|--|--|---------|
| 21. | Meister, Michael W, Dhaky M.A., Krishna Deva | Encyclopaedia of Indian Temple Architecture, (Volume 2, part 1) | American Institute of Indian Studies, New Delhi Princeton University Press | 1988 |
| 22. | Mitra, Debala | Konark | Archaeological Survey of India. | 1992 |
| 23. | Motichandra | Ancient Indian Ivories | Bulletin of the Prince of Wales Museum (1957-58) Volume 6, pp. 4 -63. | 1957-58 |
| 24. | Nehru, Lolita | Origins of Gandhara Style: A Study of Contirbutary Influences | Oxford University Press, Delhi | 1989 |
| 25. | Parimoo, Ratan, Deepak Kannal and Shiavaji Panikkar (Eds) | Ellora Caves: Sculptures and Architecture (Collected Papers of the UGC's National Seminar). | Books and Books, New Delhi | 1988 |
| 26. | Pichard, Pierre. | Tanjavur Brihadishvar: An Architectural Study (The Monument and The Living Presence Series) | Indira Gandhi National Centre for Arts, New Delhi | 1995 |
| 27. | Pramod Chandra (Ed.) | Studies in Indian Temple Architecture (Papers presented at a Seminar held at Varanasi, 1967 | American Institute of Indian Studies, New Delhi | 1975 |
| 28. | Rajendra Prasad | Chalukya Temples of Andhradesh | Abhinav Publications, New Delhi | 1983 |
| 29. | Rath Sharma, and Alice Boner (Tr.). | Shilpa Prakash | E. J. Brill, Leiden | 1966 |
| 30. | Settar, S. | Hoyasala Temples | Karnataka University, Dharwad | 1992 |
| 31. | Soundara Rajan K. V. | Indian Temple Styles: The Personality of Hindu Architecture | Munshiram Manoharlal, New Delhi: | 1971 |
| 32. | Srinivasan, K.R. | Temples of South India. (India: The Land and the People Series) | National Book Trust, New Delhi | 1998 |
| 33. | Tartakov, Gary Michael | The Durga Temple at Aihole: Historiographical Study | Oxford University Press, | 1997 |
| 34. | Tripathi, L.K. (n.d). | Early Pratihara Temples of Osian. Bharatti, | Professor R. B. Pandey Volume, 278-300. | 1990 |

| 35. | Trivedi, R.D | | Archaeological Survey of India, New Delhi | 1990 |
|-----|--------------|-----------------------------------|---|------|
| 36. | Zimmer, H. | The Art of Indian Asia. (2 vols.) | Bollingen Foundations Inc, New York | 1964 |

Semester IV: Dissertation

| Course Code | Course Title | | | | |
|---------------------------|--------------|-----|----|-----|-------|
| 132P63D401 | Dissertation | | | | |
| | TH | | P | TUT | Total |
| Teaching Scheme (Hrs.) | 02 | | 00 | 02 | 04 |
| Credits Assigned | 05 | | 00 | 05 | 10 |
| Examination Scheme | Mai | :ks | | - | - |
| | 0 | CA | TW | ESE | Total |
| | 50 | _ | 50 | _ | 100 |

Semester IV: Elective Paper 1: Spiritual Practices of Tantra

| Course Code | Course Title | | | |
|------------------------|--------------------------------------|----|-----|-------|
| 132P63E401 | Spiritual Practices of Tantra | | | |
| | TH | W | TUT | Total |
| Teaching Scheme (Hrs.) | 04 | | | 04 |
| Credits Assigned | 04 | | | 04 |
| Examination | Marks | | | |
| Scheme | CA | TW | ESE | Total |
| | 50 | | 50 | 100 |

Course Objective:

This course is designed to give an introduction to Tantra.

Course Outcomes:

On successful completion of the course, students will be able to -

- **CO1** Understand the history and development of tantra tradition
- CO2 Become familiar with the traditions of Tantra
- CO3 Understand the fundamental concepts of Tantra
- **CO4** Reflect on relationship of Tantra and religious traditions, such as Hinduism, Buddhism and Jainism

| Module | Unit | Topics | Hours | CO |
|--------|------|--|-------|-----|
| No. | No. | | | |
| 1.0 | 1.1 | Introduction to Tantra and Āgama Literature | 20 | CO1 |
| | 1.2 | Origin and development of Tantra | | |
| | 1.3 | Śaiva, Śākta, Vaiṣṇava, Smārta traditions of Tantra | | CO2 |
| | 1.4 | Importance of yantra and mantra in Tantra practices | | CO3 |
| 2.0 | 2.1 | Fourfold division of subject matter of Tantra: Jñāna, Yoga, Kriyā, Caryā | 20 | CO3 |
| | 2.2 | Important concepts - Śiva, Śakti, Guru, Rituals, Kuṇḍalinī, Cakra, Sādhanā | | CO3 |
| | 2.3 | Inter-connection of Tantra and Kaśmīra Śaivism | | CO3 |
| 3.0 | 3.1 | Reconciliation of Vedic, Vedantic and Tantric Traditions | 20 | CO4 |
| | 3.2 | Comparison between Tantric and Vedic Traditions | | |
| | 3.3 | Adaptation of Tantra in Buddhist and Jaina traditions | | |
| | | Total Hours | 60 | |

| Sr. No. | Name/s of Author/s | Title of Book | Name of Publisher with Country | Edition and Year of Publication |
|------------|--|--|---|---------------------------------------|
| 1 | Bharti, Yeshpal (Yogiraj) | Daśa- Mahāvidyātantrasāra | Randheer Prakashan, India | ed.1, 2008 |
| 2 | 1 | Selected Writings of Mahamahopadhyaya Gopinath Kaviraj | Indica Books, India | ed.1, 2006 |
| 3 | Kaviraj Gopinath | Tantra aur Āgama śāstro ka digdarśan | Bihar Rashtrabhasha Parishad | |
| 4 | Niranjananand Saraswati | Tantradarśana | Panch das nam Alakh Bada, India | 1993 |
| 5 | Avalon, Arthur, Barad kant, Shriyukta | Principles of Tantra | Ganesh & company ltd., India | 1952 |
| 6 | Nik Douglas | Tantra Yoga | Munshiram Manoharlal, New Delhi | 1971 |
| 7 | Georg Feuerstein | Tantra: The path of Ecstasy | Shambhala Publications, Boston and London | 1998 |
| 8 | S. K. Ramachandra Rao | Tantra, Mantra, Yantra | Arnold Heinemann Publishers, New Delhi | 1979 |

| 9 | Dwivedi Vrajavallabh, Pandey Janardan, Bahulkar S. S. | Bhāratatīya Tantraśāstra | Central Institute of Higher Tibetan Studies, Sarnath, Varanasi | 1995 |
|----|---|---|---|------|
| 10 | द्विवेदी व्रजवल्लभ | आगम और तन्त्रशास्त्र | परिमल पब्लिकेशन्स, दिल्ली | १९८४ |
| 11 | दीक्षित राजेश | जैन तंत्रशास्त्र | दीप पब्लिकेशन्स, आगरा | १९८४ |
| 12 | Ram Kumar Rai | Dictionaries of Tantraśāstra or the Tantrābhidhānam | Prachya Prakashan, Varanasi | 2005 |
| 13 | Arthur Avalon | The Serpent Power | Ganesh and Co. Ltd., Madras | 1950 |
| 14 | Sir John Woodroffe | The Garland of Letters | Ganesh and Co. Ltd., Madras | 1922 |
| 15 | David Frawley | Tantric Yoga and Wisdom Goddesses | Morson Publishing, USA | 1996 |

Semester IV: Elective Paper 2: Vedānta and Mīmāmsā Darśanas

| Course Code | Course Title | | | |
|------------------------|------------------------------|----|-----|-------|
| 132P63E402 | Vedānta and Mīmāṃsā Darśanas | | | |
| | TH W | | | |
| Teaching Scheme (Hrs.) | 04 | | - | 04 |
| Credits Assigned | 04 | | 1 | 04 |
| Examination | Marks | | | |
| Scheme | CA | TW | ESE | Total |
| | 50 | | 50 | 100 |

Course Objectives:

To acquaint the students with the fundamental philosophical texts of Arthasamgraha, Vedāntasāra and Vedānta systems.

Course Outcomes:

At the end of successful completion of the course the student will be able to

- CO1 Understand the basic philosophical tenets of Mīmāmsā and Vedānta, and the methods that they prescribe for the interpretation of Vedas and Upaniṣads
- CO2 Study the importance of Mīmāmsā as a branch of hermenutics
- CO3 Study inter-connection between Vedānta and Upaniṣads and influence of Vedānta on the Indian spiritual traditions

| Module No. | Unit No. | Topics | Hours | CO |
|---------------|-------------|---------------|-------|-----|
| 1.0 | | Unit 1 | 30 | CO1 |
| | 1.1 | Vedāntasāra | | CO3 |
| 2.0 | | Unit 2 | 30 | CO1 |
| | 2.1 | Arthasaṃgraha | | CO2 |
| | | Total Hours | 60 | |

| Sr. No. | Name/s of Author/s | Title of Book | Name of Publisher with country | Edition and Year of Publication |
|------------|-----------------------|-------------------------------|--------------------------------|---------------------------------------|
| 1 | मिश्र, कामेश्वरनाथ | अर्थसंग्रह | चौखम्बा सुरभारती | २०१२ |
| | | | प्रकाशन, वाराणसी | |
| 2 | जोग, द. वा. | वेदान्तसारः | डोम्बिवली | २०१५ |
| 3 | शुल्क, बदरीनाथ | वेदान्तसारः | मोतीलाल बनारसीदास, | १९९९ |
| | | | दिल्ली | |
| 4 | Nikhilananda | Vedantasara of Sadananda | Advaita Ashrama, | 1931 |
| | Swami | | Almora | |
| 5 | Gajendragadkar | The Arthasamgraha of Laugākṣi | Motilal Banarasidass | 1998 |
| | A. B., | Bhāskara | Publishers, Delhi | |
| | Karmarkar R. D. | | ĺ | |

Semester IV: Elective Paper 3: Bhagavadgītā - II

| Course Code | Course Title | | | | |
|------------------------|-------------------|----|-------|-------|--|
| 132P63E403 | Bhagavadgītā - II | | | | |
| | TH | W | TUT | Total | |
| Teaching Scheme (Hrs.) | 04 | | | 04 | |
| Credits Assigned | 04 | | | 04 | |
| Examination | | | Marks | - | |
| Scheme | CA | TW | ESE | Total | |
| | 50 | | 50 | 100 | |

Course Objectives:

To teach the text of Bhagavadgītā and its philosophy

Course Outcomes:

At the end of successful completion of the course the students will be able to -

CO1 Understand the important topics discussed in Bhagavadgītā

CO2 Understand concepts of Vedānta, Sāṃkhya and Yoga

| Module No. | Unit No. | Topics | Hours | CO |
|---------------|----------|----------------------------------|-------|-------------|
| 1.0 | | Bhagavadgītā – Adhyāyas 10 to 18 | 60 | CO1, CO2 |
| | | Total Hours | 60 | |

| Sr. No. | Name/s of Author/s | Title of Book | Name of Publisher with country | Edition and Year of Publication |
|------------|-------------------------|---|---|---------------------------------------|
| 1 | Swarupananda Swami | da Srimad Bhagavad Gita: with text, word-for-word translation English rendering, comments and index | | 1st edi., 1909 |
| 2 | - | Srimadbhagvadgita | Gita Press, Gorakhpur | 1985 |
| 3 | Chinmayananda Swami | The Holy Geeta | Central Chinmaya Mission Trust, Bombay | 1992 |
| 4 | Chidbhavananda Swami | The Bhagavad Gita | Sri Ramakrishna Tapovanam, Tiruchirapalli | 2005 |
| 5 | प्रभुपाद स्वामी | श्रीमदभगवद्गीताः यथारूप | भक्ती वेदान्त बुक ट्रस्ट, मुंबई | १९८८ |
| 6 | प्रभुपाद स्वामी | श्रीमदभगवद्गीताः जशी आहे तशी | भक्ती वेदान्त बुक ट्रस्ट, मुंबई | १९९८ |

Semester IV: Elective Paper 4: Narrative Literature - II

| Course Code | Course Title | | | | |
|------------------------|---------------------------|----|-------|-------|--|
| 132P63E404 | Narrative Literature - II | | | | |
| | TH | W | TUT | Total | |
| Teaching Scheme (Hrs.) | 04 | | | 04 | |
| Credits Assigned | 04 | | | 04 | |
| Examination | | • | Marks | • | |
| Scheme | CA | TW | ESE | Total | |
| | 50 | | 50 | 100 | |

Course Objectives:

India has a rich tradition of sculpture and painting that has survived in several heritage sites. In this module, the site at Ellora will be explored as it preserves art of the Hindu, Buddhist and Jaina traditions. The medium of the story will help the students understand iconographical aspects as well.

Course Outcomes:

At the end of successful completion of the course the student will be able to

- **CO1** Understand the interconnections between narratives, art and the cultural beliefs.
- **CO2** Appreciate art as a tool to connect with the past and to analyse allegories.
- **CO.3** Develop a deeper and meaningful understanding of heritage sites.

| Module No. | Topics | Hrs. | CO | |
|---------------|---|------|------|--|
| 1.0 | Kailāsa Temple and Hindu caves: Selections such as: Śiva – | 30 | CO1, | |
| | Pārvati marriage, Gaṅgā avataraṇa, Rāvaṇa lifting Kailāsa, | | CO2, | |
| | Daśāvatara, Ardhanāriśvara, Harihara, Jyotirlinga | | | |
| 2.0 | Ellora Buddhist Caves: Mahāyāna and Vajrayāna influence, | 15 | CO1, | |
| | Viśvakarmā cave and first sermon, Bodhisattva Avalokiteśvara, | | CO2, | |
| | Maitreya, Vajrayāna deities like goddess Tārā, Mahāmayuri. | | CO3 | |
| 3.0 | Ellora Jain caves, Udayagiri, Khandagiri 24 Jinas, | 15 | CO1, | |
| | Samāvasarana and the teaching career of Vardhamāna | | CO2, | |
| | Mahāvīra, Padmanābha and Bāhubali, Goddesses like | | CO3 | |
| | Sarasvatī, Ambikā | | | |
| | Total | 60 | | |

Semester IV: Elective Paper 5: Art History - II

| Course Code | Course Title | | | | |
|------------------------|------------------|----|-------|-------|--|
| 132P63E405 | Art History - II | | | | |
| | TH | W | TUT | Total | |
| Teaching Scheme (Hrs.) | 04 | | | 04 | |
| Credits Assigned | 04 | | | 04 | |
| Examination | | | Marks | | |
| Scheme | CA | TW | ESE | Total | |
| | 50 | | 50 | 100 | |

Course Objectives:

Closely following the developments that took place in the aftermath of the disintegration of the Gupta Empire, this section of the course will explore the rich architectural heritage along with the painting traditions of India. In addition to considering the historical circumstances surrounding works of art, this course engages problems of interpretation faced by art historians today.

Course Outcomes:

At the end of successful completion of the course the student will be able to

CO1 Students will gain familiarity with the rich and diverse visual traditions of the Indian subcontinent through exposure to a wide range of artistic media, including painting, sculpture, and architecture.

- CO 2 Engage with key debates in the history of Indian art.CO 3 Think critically about how museums, archaeological sites, and other institutions of learning from our interpretation of works of art in the present day.

| Module No. | Unit No. | Topics | Hours | CO |
|---------------|-------------|---|-------|------------------------|
| 1.0 | | The Dravida Temple in Southern India | 10 | CO.1, CO.2, CO.3 |
| | 1.1 | The Pallavas and Early Pandyas | | |
| | 1.2 | Architecture under the Imperial Cholas | | |
| | 1.3 | Chola Bronzes | | |
| | 1.4 | Continuities in Temple Building: Vijayanagara and Nayaka | | |
| | 1.5 | Temples of Kerala | | |
| 2.0 | | The Nagara Temple: Regional Variations | 10 | CO.1, CO.2, CO.3 |
| | 2.1 | Developments in Northern and Central India | | |
| | 2.2 | Temples of Gujarat and Rajasthan | | |
| | 2.3 | Temples of Odisha and neighbouring regions | | |
| 3.0 | | Vesara Style: Karnata Dravida Tradition | 10 | CO.1, CO.2, CO.3 |
| | 3.1 | Chalukyan Style | | |
| | 3.2 | Rashtrakuta Style | | |
| | 3.3 | Hoysala Style | | |
| 4.0 | | Painting of the Period: Wall Paintings and Miniatures | 15 | CO.1, CO.2, CO.3 |
| | 4.1 | Bhimbetka, Ajanta, Bagh, Sigiriya | | |
| | 4.2 | Ellora, Sittanavasal, Panamalai, Badami, Tanjore, Vijayanagara Paintings | | |
| | 4.3 | Illuminated Manuscripts of the Pala Period Jain Manuscript Paintings | | |
| | 4.4 | Pre-Mughal Painting Traditions (14th-16th centuries) | | |
| | 4.5 | Mughal School | | |
| | 4.6 | Rajput and Pahari Schools | | |
| 5.0 | | Influence of Indian Art and Architecture on Southeast Asia | 10 | CO.1, CO.2, CO.3 |
| | 5.1 | Cambodia | | |
| | 5.2 | Siam | | |
| | 5.3 | Burma | | |

| | 5.4 | Laos and Vietnam | | |
|-----|-----|----------------------|----|---------------|
| | 5.5 | Java | | |
| 6.0 | | Research Methodology | 5 | CO.2, CO.3 |
| | | Total | 60 | |

| Sr. No. | Name/s of Author/s | Title of Book | Name of Publisher with Country | Edition and Year of Publication |
|------------|--|---|--|---------------------------------------|
| 1 | Susan L. Huntington; John C. Huntington | The Art of Ancient India | Weatherhill, New York | 1985 |
| 2 | Vidya Dehejia | Indian Art | Phaidon Press, London | 1997 |
| 3 | George Michell The Hindu Temple: An Introduction to Its Meaning and Forms University of Chicago Press | | 1988 | |
| 4 | Parul Pandya Dhar; Gerd J.R. Mevissen Temple Architecture and Imagery in South and Southeast Asia: Papers Presented to prof. M.A. Dhaky Aryan Books International, New Delhi | | 2016 | |
| 5 | Benjamin Rowland | The Art and Architecture of India: Buddhist, Hindu, Jain | Puffin, New York | 1953; reprint: 1984 |
| 6 | Stella Kramrisch | The Hindu Temple, Vol. I and II | Motilal Banarsidass, New Delhi | 1976; reprint: 1979 |
| 7 | Prasanna Kumar Acharya | A Dictionary of Hindu Architecture: Treating of Sanskrit Architectural Terms with Illustrative Quotations | Oxford University Press | 1997 |
| 8 | A.K. Coomaraswamy; Michael W. Meister | Essays in Architectural Theory | Indira Gandhi National Centre for the Arts, New Delhi | 1995 |
| 9 | B.N. Goswamy | | | 1989 |
| 10 | B.N. Goswamy | The Spirit of Indian Painting: Close Encounters with 100 Great Works 1100-1900 | Allen Lane | 2014 |
| 11 | J.C. Harle | The Art and Architecture of the Indian Subcontinent | Second edition; Yale University Press Pelican History of Art | 1994 |

| 12 | Adam Hardy | Indian Temple Architecture: Form and Transformation: the Karṇāṭa Drāviḍa Tradition, 7th to 13th | Abhinav Publications, New Delhi | 1995 |
|----|------------|---|------------------------------------|------|
| | | Centuries | | |

Semester IV: Elective Paper 6: Sacred Landscape and Pilgrimages

| Paper / Course Code | Paper / Course Title | | | | | |
|---------------------------|----------------------------------|----|-----|-------|--|--|
| 132P63E406 | Sacred Landscape and Pilgrimages | | | | | |
| | TH/Week | W | TUT | Total | | |
| Teaching Scheme(Hrs.) | 04 | _ | _ | 04 | | |
| Credits Assigned | 04 | _ | _ | 04 | | |
| | Marks | | | | | |
| Examination Scheme | CA | TW | ESE | Total | | |
| | 50 | | 50 | 100 | | |

Course Objectives:

This course aims at highlighting the importance of pilgrimages and sacred places and associated aspects.

Course Outcomes:

On successful completion of this course, student will be able to -

- **CO1** Understand the importance of pilgrimages in Hindu traditions
- CO2 Understand the historical, geographical, cultural and social importance of pilgrimages

| Module No. | Unit No. | Topics | | CO |
|---------------|-------------|--|--|------|
| 1.0 | | The Architecture of Hindu Pilgrimage: Tīrthas and Temples | | CO1, |
| 2.0 | | Modes of Interaction with the Deity: Rituals and Performances | | CO2 |
| 3.0 | | Ancient Cities of Gods: Bhuvaneśvara, Kāśī, Ujjayinī, Madurai, Pandharpur, Tirupati, Braj etc. | | |
| 4.0 | | Gods and Temples in Procession: Jagannātha Rathayātra, Chariot Festivals in Southern India, Dussehra Processions in Himachal Pradesh; Importance of circumambulation | | |

| 5.0 | Royal Patronage in the Resurgence and Development of Pilgrimage centres: Kāśī, Tanjore, Hampī, Purī | | |
|-----|--|-----|--|
| 6.0 | Pilgrimage outside of the Temple Premises: Kumbhamelā, Māghmela, etc. and ecology of the pilgrimages | · I | |
| 7.0 | Making of a Sacred Landscape: Saptapurīs according to the Matsya Purāṇa (Braj, Mathurā, Dvārakā, Kañcīpuram, etc.) | | |
| 8.0 | History, Mythology and importance of fifty one śaktipīṭhas, twelve jyotirliṅgas and four dhāmas | 15 | |
| | Total Hours | 60 | |

| Sr. | Name/s of | Title of Book | Name of | Edition and |
|-----|-----------------------|--------------------------|--------------------|-------------|
| No. | Author/s | | Publisher with | Year of |
| | | | Country | Publication |
| 1 | E. B. Haveli | Benares: The Sacred City | Blackie and Son | 1905 |
| | | | Ltd. | |
| 2 | राधेश्याम खेमका | शक्तिपीठ दर्शन | गीताप्रेस, गोरखप्र | NA |
| 3 | Knut A. Jacobsen, | Brill's Encyclopedia of | Brill | 2009 |
| | Helene Basu, Angelika | Hinduism | | |
| | Malinar, Vasudha | | | |
| | Narayanan | | | |
