



**SOMAIYA**  
VIDYAVIHAR UNIVERSITY

K J Somaiya Institute of Dharma Studies

**Syllabus**  
**Diploma in Indian Wisdom Traditions**

**From**  
**Academic Year 2023-24**  
**Revision 1 A1**

**Approved by**  
**Board of Studies on 29.03.2023**  
**Faculty of Dharma Studies on 31.03.2023**  
**Academic Council on 05.04.2023**

**Bharatiya Sanskriti Peetham**  
**K J Somaiya Institute of Dharma Studies**  
**Somaiya Vidyavihar University,**  
**Vidyavihar (E), Mumbai - 400077**  
**(Constituent College of Somaiya Vidyavihar University)**

It is notified for the information of all concerned that the Board of Studies of Sanskrit, at its meeting held on 29<sup>th</sup> March 2023, amended the programme from audit mode to credit mode. This was further approved by the Faculty of Dharma Studies in its meeting held on 31<sup>st</sup> March 2023 and by the Academic Council in the meeting held on 5<sup>th</sup> April 2023. These changes are to be brought into force from the academic year 2022-23. The amended syllabus is uploaded on the website.

Sd/-

Date: 5<sup>th</sup> April 2023

HOD (Bharatiya Sanskriti Peetham)

## **Preamble:**

The K J Somaiya Institute of Dharma Studies was constituted by a resolution of the Governing Body of Somaiya Vidyavihar University, on 1st July 2020. It brings together three institutions that have been working independently in the field of Sanskrit and Yoga; Pali and Buddhist Studies and Jain Studies. Together, the faculty of these institutions represent, through their particular areas of interest, the multiple disciplines that form part of religious and cultural studies. There is a strong focus on the study of ancient languages, philosophy, history, art and architecture. In addition, faculty draw upon modern concerns such as social justice and gender equity to reflect on the textual sources.

## **Programme Objectives:**

Ancient Indian literature preserved in Sanskrit, Prakrit and Pali is a vast repository across several genres. This programme has been specifically designed for close reading of a text with a teacher, drawing out meaning with the aid of commentarial materials. Students will also be led through appreciation of the literary composition, as well as the philosophical and historical context.

Every year, students will have the option of studying an entire text or thematic selections from a collection of texts. In the academic year 2023-24, the following texts will be offered:

1. **Siddha-Hemaśabdānuśāsanam**
2. **The Yoga Upaniṣads**
3. **Therīgatha**

Participants will have the option to read **either one or two** of the texts mentioned above, if the timings do not clash.

## **Programme Outcome:**

### **1. Siddha-Hemaśabdānuśāsanam:**

**At the end of successful completion of the programme the student will**

1. has detailed information on various Prakrit grammarians.
2. has a good understanding of the grammar of the Prakrit language.
3. understand the various dialects of Prakrit language.

### **2. The Yoga Upaniṣads:**

**At the end of successful completion of the programme the student will**

1. learn Traditional Indian Yoga systems
2. understand The philosophy of the Yoga systems
3. have knowledge of classical and theoretical foundations of Yogic Concepts in various Yoga Upaniṣads

**3. Therigatha:**

**At the end of successful completion of the programme the student will**

1. understand the life of Buddhist nuns through their autobiographical verses
2. develop the capacity to critically review and analyse the text from a feminist perspective

**Eligibility:** Minimum HSC or equivalent examination. Knowledge of Sanskrit, Prakrit or Pali will be helpful but is not essential.

**Duration:** Two Semesters

### Acronyms used in Eight Digit Course code - example - 132N60C101

<b>Acronym Serially as per code</b>	<b>Definition</b>
<b>1</b>	SVU 2000 First revision
<b>32</b>	College code
<b>N</b>	Alphabet code for type of programme
<b>60</b>	Programme code
<b>C</b>	Type of course
<b>1</b>	Semester I – semester number
<b>01</b>	First course of semester – course serial number It will be XX for the elective/choice based courses

<b>Acronym for category of courses</b>		<b>Acronyms used in syllabus document</b>	
<b>Acronym</b>	<b>Definition</b>	<b>Acronym</b>	<b>Definition</b>
<b>C</b>	Core Course	<b>CA</b>	Continuous Assessment
<b>E</b>	Elective Course	<b>ESE</b>	End Semester Exam
<b>A</b>	Audit Course	<b>IA</b>	Internal Assessment
<b>W</b>	Workshop	<b>O</b>	Oral
		<b>P</b>	Practical
		<b>TH</b>	Theory
		<b>TUT</b>	Tutorial
		<b>TW</b>	Term work
		<b>CO</b>	Course Outcome
		<b>PO</b>	Program Outcome
		<b>PSO</b>	Program specific Outcome

### Codes for Types of Programme

<b>Code</b>	<b>Name of the Programme</b>	<b>Key Alphabet To be used in Course/Paper code</b>

01	UG Full time	U
02	UG Part time	U
03	PG Full time	P
04	PG Part time	P
05	Ph.D Full time	D
06	Ph.D Part time	D
07	PG Diploma Full time	I
08	PG Diploma Part time	I
09	Certificate course Full time	C
10	Certificate course part time	C
11	Diploma Full time	N
12	Diploma Part time	N

**Semester I  
Credit Scheme**

<b>Course Code</b>	<b>Course Name</b>	<b>Teaching Scheme (Hrs.) TH – W – TUT</b>	<b>Total (Hrs.)</b>	<b>Credits Assigned TH – W – TUT</b>	<b>Total Credits</b>
132N60E101	Siddha-Hemaśabdānuśā sanam-I OR	04 – 00 – 00	00	04 – 00 – 00	04
132N60E102	The Yoga Upaniṣads OR	04 – 00 – 00	04	04 – 00 – 00	04
132N60E103	Therigatha - selected gathas	04 – 00 – 00	05	04 – 00 – 00	04
	<b>Total</b>	<b>04 – 00 – 00</b>	<b>04</b>	<b>04 – 00 – 00</b>	<b>04</b>

**Semester I  
Examination Scheme**

Course Code	Course Name	Examination Scheme			
		Marks			
		CA	TW	ESE	Total
132N60E101	Siddha-Hemaśabdānuśāsanam-I	100	–	–	100
132N60E102	The Yoga Upaniṣads - 10 Upaniṣads	100	–	–	100
132N60E103	Therigatha - selected gathas	100	–	–	100
	<b>Total</b>	<b>100</b>	<b>–</b>	<b>–</b>	<b>100</b>

**Semester II  
Credit Scheme**

Course Code	Course Name	Teaching Scheme (Hrs.) TH – W – TUT	Total (Hrs.)	Credits Assigned TH – W – TUT	Total Credits
132N60E201	Siddha-Hemaśabdānuśāsanam- II OR	04 – 00 – 00	04	04 – 00 – 00	04
132N60E202	The Yoga Upaniṣads - 10 Upaniṣads OR	04 – 00 – 00	04	04 – 00 – 00	04
132N60E203	Therigatha - selected gathas	04 – 00 – 00	04	04 – 00 – 00	04
	<b>Total</b>	<b>04 – 00 – 00</b>	<b>04</b>	<b>04 – 00 – 00</b>	<b>04</b>

**Semester II  
Examination Scheme**

Course Code	Course Name	Examination Scheme			
		Marks			
		CA	TW	ESE	Total
132N60E201	Siddha-Hemaśabdānuśāsanam - II OR	100	–	–	100
132N60E202	The Yoga Upaniṣads - 10 Upaniṣads OR	100	–	–	100
132N60E203	Therigatha - selected gathas	100	–	–	100
	<b>Total</b>	<b>100</b>	<b>–</b>	<b>–</b>	<b>100</b>

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